



<b>CHILDREN/YOUTH</b>	
BOYS AND GIRLS CLUB UMPQUA VALLEY	541-440-9505
FAMILY DEVELOPMENT CENTER	541-673-4354
FORD FAMILY CENTER	541-440-4650
YMCA	541-440-9622
<b>DISABILITY SERVICES</b>	
DISABILITY SERVICES OFFICE	541-440-3427
DOUGLAS RESIDENT TRAINING FACILITIES	541-679-6237
OREGON ADVOCACY CENTER	800-452-1694
OREGON COMMISSION FOR THE BLIND	971-673-1588
SOCIAL SECURITY	800-325-0778
UCC DISABILITY SERVICES	541-440-7655
UMPQUA VALLEY DISABILITY NETWORK	541-672-6336
UMPQUA VALLEY PUBLIC DEFENDERS	541-957-5344
VICTIMS ASSISTANCE	541-440-4390
VOCATIONAL REHAB DIVISION ROSEBURG	541-440-3371
<b>DRUG AND ALCOHOL PROGRAMS</b>	
ADAPT	541-672-2691
AL-ANON	541-677-3406
ALCOHOL ANONYMOUS	541-673-7552
NARCOTICS ANONYMOUS	541-957-1489
SERENITY LANE	541-673-3504
<b>EDUCATION</b>	
COW CREEK GOVERNMENT OFFICE	541-677-5575
DOUGLAS COUNTY ESD	541-440-4777
DOUGLAS COUNTY PUBLIC LIBRARY	541-440-4305
HEAD START	541-673-6306
OREGON SCHOOL BOARD ASSOC. P.O. BOX 1068, SALEM, 97309	503-588-2800
PHOENIX SCHOOL	541-673-3036
PROJECT LITERACY	541-957-9072
UCC ADVISING AND CAREER CENTER, STUDENT CENTER	541-440-4610
UCC STEP WOOLLEY CENTER 1634 W. HARVARD AVE	541-440-4603
UCC SUCCESS CENTER, ESB BUILDING	541-440-7733
WOLF CREEK JOB CORPS	541-496-3507
<b>EMPLOYMENT</b>	
BARRETT BUSINESS SERVICES	541-440-3076

CARDINAL EMPLOYMENT SERCVIVES	541-672-8466
COW CREEK TRIBE OFFICE	541-672-9405
EMPLOYMENT DEPARTMENT	541-440-3344
EXPRESS EMPLOYMENT PROFESSIONALS	541-673-3332
HIRE CALLING STAFFING SOLUTIONS	541-673-3200
SOS EMPLOYMENT	541-673-3200
UCC JOB PLACEMENT, STUDENT CENTER	541-440-7797
UCC JOBS	541-440-4668
UMPQUA TRAINING & EMPLOYMENT	541-672-7761
<b>FINANCIAL SERVICES</b>	
CONSUMER CREDIT COUNSELING	541-673-3104
CONSUMER INFORMATION CENTER	888-878-3256
SMALL BUSINESS DEVELOPMENT	541-672-2535
<b>HEALTH</b>	
BOYS AND GIRLS AID SOCIETY	541-957-4803
BREATHE FREE STOP SMOKING	541-672-1542
COMMUNITY HEALTH ALLIANCE	541-440-3500
HIV AIDS OUTREACH	800-234-0985
HIV AIDS RESOURCE CENTER	541-440-2761
HOPE PREGNANCY CENTER	541-672-2609
MERCY COMMUNITY EDUCATION CENTER	541-677-2102
MERCY EMERGENCY	541-677-2386
MERCY HOSPICE	541-677-2384
OPEN ADOPTION & FAMILY SERVICE EUGENE	800-772-1115
OREGON POSION CONTROL	800-492-7165
OREGON TOBACCO QUIT LINE	877-270-7867
PRESCRIPTION ASSISTANCE PROGRAM	541-440-3600
UMPQUA COMMUNITY HEALTH CLINIC	541-672-9596
WEST AMBULANCE SERVICE	541-673-0632
WOMENS HEALTH & FAMILY PLANNING	541-440-3521
<b>HOUSING SERVICES</b>	
AMERICAN RED CROSS (DOUGLAS COUNTY)	541-673-3255
BATTERED PERSON'S ADVOCACY	800-464-6543
CASA DE BELEN (TEENS, FAMILIES)	541-677-0073
ROSEBURG RESCUE MISSION (MEN)	541-673-3004
SAMARITAN INN (WOMEN AND FAMILIES)	541-672-5387
UCAN (HOUSING)	541-672-3421
<b>LEGAL SERVICES</b>	
DEPT. OF JUSTICE DIVISION OF CHILD SUPPORT	541-440-3357
LEGAL AID SERVICES OF OREGON	541-673-1181
PUBLIC DEFENDER	541-957-3544
UMPQUA VALLEY PUBLIC DEFENDERS	541-440-4484
VICTIMS ASSISTANCE/DISTRICT ATTORNEY	541-440-4390
<b>MENTAL HEALTH</b>	

ANOREXIA & BULIMIA SUPPORT GROUPS	541-673-8404
COMMUNITY HEALTH ALLIANCE	541-440-3532
DEVELOPMENT DISABILITES PROGRAM	541-440-3566
OVEREATERS ANONYMOUS	541-679-8124
SUICIDE PREVENTION HOTLINE	800-866-9780
UCC COUNSELING CENTER	541-440-4610
UMPQUA COUNSELING	541-673-0057
VALLEY VIEW COUNSELING	541-673-3985
<b>PROTECTIVE SERVICES</b>	
BATTERED PERSON'S ADVOCACY	541-673-7867
CRIME PREVENTION UNIT DOUGLAS COUNTY	541-957-4766
DOUGLAS COUNTY JUVENILE OFFICE	541-440-4415
DOUGLAS COUNTY STREET CRIMES	541-440-4561
ROSEBURG POLICE DEPARTMENT <b>NON-EMERGENCY</b>	541-440-4471
UCC CAMPUS SECURITY, WAREHOUSE	541-440-7777
<b>VETERANS' RESOURCES</b>	
EMPLOYMENT ASSISTANCE, <b>CHAD ext. 2357</b>	541-440-3344
DISABLED AMERICAN VETERANS (VAC) RIDES	877-310-4167
NATIONAL PERSONNEL RECORDS CENTER	314-801-0800
OR NATIONAL GUARD POST DEPLOYMENT ASSISTANCE	888-688-2264
OREGON MILITARY ASSISTANCE HELP LINE	800-511-6944
OREGON VETERAN HOME LOANS	503-373-2051
PORTLAND VA MEDICAL CENTER	800-949-1004
ROSEBURG VA HOSPITAL	541-440-1000
UCC VA EDUCATIONAL BENEFITS STUDENT CENTER	541-440-4621
UNITED HEALTH CARE (TRICARE)	888-899-5071
VA HOME LOAN ELIGIIBILTY	888-847-9378
VA REGIONAL OFFICE	888-442-4551
VETERANS CRISIS LINE, <b>PRESS OPTION 1</b>	800-273-8255
VOCATIONAL REHAB DIVISION (CHAPTER 31)	541-242-0490
<b>KITCHENS IN DOUGLAS COUNTY</b>	<b>HOURS OF OPERATION</b>
FOUNDATION FELLOWSHIP 813 SE LANE, ROSEBURG	Sunday 4:30-5:30pm Closed the 2nd Sunday of each month
FRIENDLY KITCHEN 1033 NE POST, ROSEBURG (541)673-5929	Monday thru Friday 11:30am- 12:30pm
SOUPS ON CUMC 3520 FRONTAGE ROAD, REEDSPORT	Wednesday Noon-1:00pm

ST. FRANCIS COMMUNITY KITCHEN 323 COMSTOCK, SUTHERLIN 541-459-8807	Monday & Wednesday 4:30-5:30pm
ST. JOSEPH COMMUNITY KITCHEN 630 W. STANTON ST, ROSEBURG 541-673-5157	Tuesday & Thursday 4:30-5:15pm
TABLE OF PLENTY 1242 NE SPRUCE AVE., MYRTLE CREEK	Saturday 1:00-3:00pm
<b>PANTRIES IN DOUGLAS COUNTY</b>	<b>HOURS OF OPERATION</b>
A.A.R.P. PANTRY 9TH & GREENWOOD, REEDSPORT	Thursday 11:00am - 2:00pm
CARE AND SHARE 1008 HAYHURST LANE, YONCALLA	Last Monday of month 9:00am - 12:00pm
COMMUNITY CARE FOOD PANTRY 3RD & PACIFIC AVENUE, GLENDALE	Thursday 1:00 - 3:00pm
DILLARD/WINSTON FOOD PANTRY METHODIST CHURCH 131 4TH STREET, DILLARD	Monday & Wednesday 9:30-11:30am
FISH DRAIN 131 WEST A AVENUE, DRAIN	Tuesday 9:00am-1:00pm
FISH ROSEBURG 405 JERRY'S DRIVE, ROSEBURG	Mon & Wed 2:00-3:30pm Thur & Fri 9:30-11:30am
FOUNDATION FELLOWSHIP 813 SE LANE, ROSEBURG	3rd & 4th Sunday 5:00 - 6:00pm
PROJECT BLESSING FOOD BANK 2360 LONGWOOD DRIVE, REEDSPORT	Wednesday 1:00 - 3:00pm
ROSEBURG DREAM CENTER 1900 SE MAIN STREET, ROSEBURG <b>Drop in center for homeless: Mon thru Thur 9:30am-4:00pm</b>	Monday & Wednesday 10:00am-2:00pm
SDA CANYONVILLE 714 NW FRONTAGE RD, CANYONVILLE 541-839-4051	Wednesday 9:30-11:45am 1:00-2:30pm
SDA CS GLIDE 174 ABBOTT ST, GLIDE	Wednesday 10:00am - 2:00pm also the 1st Wed of the month 4:00 - 6:00pm
SDA CS ROSEBURG 1109 NW GARDEN VALLEY, ROSEBURG 541-672-1542	Tuesday 10:00am-12:00pm 3rd Tues 1:00-3:00pm
SOUTH DOUGLAS FOOD BANK 420 E STREET, RIDDLE 541-391-2796	Thursday 9:00am - 12:00pm 3rd, 4th & 5th Saturday 10:00am-12:00pm

ST. VINCENT DePAUL 116 N. MAIN, MYRTLE CREEK	Monday & Wednesday 9:00am-1:00pm
SUTHERLIN/OAKLAND EMERGANCY PANTRY 183 EAST 1ST AVE, SUTHERLIN	Monday & Wednesday 9:00-11:00am

